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Labrador Innu cultural and environmental activist Tshaukuesh Elizabeth Penashue is well-known both within and far beyond the Innu Nation. The recipient of a National Aboriginal Achievement Award and an honorary doctorate from Memorial University, she has been a subject of documentary films, books, and numerous articles. She led the Innu campaign against NATO’s low-level flying and bomb testing on Innu land during the 1980s and ’90s, and was a key respondent in a landmark legal case in which the judge held that the Innu had the “colour of right” to occupy the Canadian Forces base in Goose Bay, Labrador. Over the past twenty years she has led walks and canoe trips in nutshimit, “on the land,” to teach people about Innu culture and knowledge.

Nitinikiau Innusi: I Keep the Land Alive began as a diary written in Innu-aimun, in which Tshaukuesh recorded day-to-day experiences, court appearances, and interviews with reporters. Tshaukuesh has always had a strong sense of the importance of documenting what was happening to the Innu and their land. She also found keeping a diary therapeutic, and her writing evolved from brief notes into a detailed account of her own life and reflections on Innu land, culture, politics, and history.

Beautifully illustrated, this work contains numerous images by professional photographers and journalists as well as archival photographs and others from Tshaukuesh’s own collection.

Tshaukuesh Elizabeth Penashue is well-known as a cultural and environmental activist. Her work has been recognized by a National Aboriginal Achievement award, an honorary doctorate from Memorial University, and numerous media interviews and profiles, articles and consultations.

Elizabeth Yeoman is a Professor in the Faculty of Education, Memorial University.

“Tshaukuesh’s diary is sad, funny, resolute, eloquent, and real. Anyone interested in Innu traditional life and the struggle of the Innu today will want to read about the life of an Innu woman who fights for her people and the land, and who never, ever gives up.”

—Julie Rak, Professor, Department of English and Film Studies, University of Alberta
Honouring the Strength of Indian Women
Plays, Stories, Poetry
Vera Manuel
Michelle Coupal, Deanna Reder, Joanne Arnott, Emalene A. Manuel Eds.

This critical edition delivers a unique and comprehensive collection of the works of Ktunaxa-Secwepemc writer and educator Vera Manuel, daughter of prominent Indigenous leaders Marceline Paul and George Manuel. A vibrant force in the burgeoning Indigenous theatre scene, Vera was at the forefront of residential school writing and did groundbreaking work as a dramatherapist and healer. Long before mainstream Canada understood and discussed the impact and devastating legacy of Canada’s Indian residential schools, Vera Manuel wrote about it as part of her personal and community healing. She became a grassroots leader addressing the need to bring to light the stories of survivors, their journeys of healing, and the therapeutic value of writing and performing arts.

A collaboration by four Indigenous writers and scholars steeped in values of Indigenous ethics and editing practices, the volume features Manuel’s most famous play, Strength of Indian Women—first performed in 1992 and still one of the most important literary works to deal with the trauma of residential schools—along with an assemblage of plays, written between the late 1980s until Manuel’s untimely passing in 2010, that were performed but never before published. The volume also includes three previously unpublished short stories written in 1988, poetry written over three decades in a variety of venues, and a 1987 college essay that draws on family and community interviews on the effects of residential schools.

Vera Manuel (1949–2010) was a Ktunaxa-Secwepemc writer at the forefront of Residential School writing.

Michelle Coupal (Bonnechere Algonquin First Nation) is the Canada Research Chair in Truth and Reconciliation Education and Associate Professor in the Department of Education at the University of Regina.

Deanna Reder (Métis) is Chair of the Department of First Nations Studies at Simon Fraser University and member of the Department of English.

Joanne Arnott (Métis) is a writer, originally from Manitoba. Her most recent work is Hafling Spring: An Internet Romance.

Emalene A. Manuel (Ktunaxa-Secwepemc) is Vera Manuel’s sister, and is a Creative Social Development Practitioner with the First Nations Health Authority in B.C.
The intersection of judicial discourse, victimization, and rehabilitation

Indigenous women continue to be overrepresented in Canadian prisons; research demonstrates how their overincarceration and often extensive experiences of victimization are interconnected with and through ongoing processes of colonization. *Implicating the System: Judicial Discourses in the Sentencing of Indigenous Women* explores how judges navigate these issues in sentencing by examining related discourses in selected judgments from a review of 175 decisions.

The feminist theory of the victimization-criminalization continuum informs Elspeth Kaiser-Derrick’s work. She examines its overlap with the *Gladue* analysis, foregrounding decisions that effectively integrate gendered understandings of Indigenous women’s victimization histories, and problematizing those with less contextualized reasoning. Ultimately, she contends that judicial use of the victimization-criminalization continuum deepens the *Gladue* analysis and augments its capacity to further its objectives of alternatives to incarceration.

Kaiser-Derrick discusses how judicial discourses about victimization intersect with those about rehabilitation and treatment, and suggests associated problems, particularly where prison is characterized as a place of healing. Finally, she shows how recent incursions into judicial discretion, through legislative changes to the conditional sentencing regime that restrict the availability of alternatives to incarceration, are particularly concerning for Indigenous women in the system.

Elspeth Kaiser-Derrick was called to the Bar in British Columbia after articling at a criminal defence firm and is currently a PhD candidate at the Peter A. Allard School of Law at the University of British Columbia.

“Elspeth Kaiser-Derrick’s work is important in light of the needs of truth and reconciliation. Her exploration of judicial discourses in the sentencing of Indigenous women reveal the multiple systemic failures of Canada’s justice system. What judges say and write is important because it reflects and refracts the inequalities and injustices that are embedded in our collective social order. Their words are demonstrative of the dire need for dramatic changes in Canada’s justice system. The book is a must read for all persons concerned with justice, criminal law, and human rights.”

—Richard Jochelson, Associate Professor, Faculty of Law, University of Manitoba.
Communal Solidarity
Immigration, Settlement, and Social Welfare in Winnipeg’s Jewish Community, 1882–1930
Arthur Ross

Between 1882 and 1930 approximately 9,800 Jewish immigrants from Eastern Europe settled in Winnipeg. Newly arrived Jewish immigrants began to establish secular mutual aid societies, organizations based on egalitarian principles of communal solidarity that dealt with the pervasive problem of economic insecurity by providing financial relief to their members. The organization of mutual aid societies accelerated the development of a vibrant secular public sphere in Winnipeg’s Jewish community in which decisions about the provision of social welfare were decided democratically based on the authority and participation of the people.

Communal Solidarity looks at the development of Winnipeg’s Jewish community and the network of institutions and organizations they established to provide income assistance, health care, institutional care for children and the elderly, and immigrant aid to reunite families. Communal solidarity enabled the Jewish community to establish and sustain a system of social welfare that assisted thousands of immigrants to adjust to an often inhospitable city and build new lives in Canada.

Arthur Ross’s study of the formation of Winnipeg’s Jewish community is not only the first history of the societies, institutions, and organizations Jewish immigrants created, it reveals how communal solidarity shaped their understanding of community life and the way decisions should be made about their collective future.

Arthur Ross was born and raised in Winnipeg’s North End, the historic centre of Jewish, communal solidarity. He is a Professor in the Department of Political Science and Public Administration at Ryerson University.

“Ross has undertaken a unique study of the development of several social welfare agencies created and run by Winnipeg’s far from unified Jewish community. Communal Solidarity shows how a secular and thoroughly democratic set of values among the most recently arrived Jewish immigrants challenged the hegemony of Winnipeg’s established Jewish community – with some amazing results. This is a work of exceptional scholarship and should be on the shelves of everyone interested in Winnipeg, western Canadian, ethnic, transnational, and Jewish history.”

—Jim Mochoruk, Chester Fritz Distinguished Professor, Department of History University of North Dakota
A Diminished Roar
Winnipeg in the 1920s
Jim Blanchard

The third instalment in Blanchard’s popular history of early Winnipeg, A Diminished Roar presents a city in the midst of enormous change. Once the fastest growing city in Canada, by 1920 Winnipeg was losing its dominant position in western Canada. As the decade began, Winnipeggers were reeling from the chaos of the Great War and the influenza pandemic. But it was the divisions exposed by the 1919 Winnipeg General Strike which left the deepest marks. As Winnipeg wrestled with its changing fortunes, its citizens looked for new ways to imagine the city’s future and identity.

Beginning with the opening of the magnificent new provincial legislature building in 1920, A Diminished Roar guides readers through this decade of political and social turmoil. At City Hall, two very different politicians dominated the scene. Winnipeg’s first Labour mayor, S.J. Farmer, pushed for more public services. His rival, Ralph Webb, would act as the city’s chief “booster” as mayor, encouraging U.S. tourists with the promise of “snowballs and highballs.” Meanwhile, promoters tried to rekindle the city’s spirits with plans for new public projects, such as a grand boulevard through the middle of the city, a new amusement park, and the start of professional horse racing. In the midst of the Jazz Age, Winnipeg’s teenagers grappled with “problems of the heart,” and social groups like the Gyro Club organized masked balls for the city’s elite.

Jim Blanchard is a retired academic librarian and Librarian Emeritus of the University of Manitoba. He is the author of Winnipeg 1912 and Winnipeg’s Great War.

“A great look at the 1920s. Through his attention to detail, Jim Blanchard brings Winnipeg’s historical figures and makes them human and relatable. This book captures the ambivalence of the 1920s and shows how the city attempted to knit itself back together after the dramatic events of the previous decade.”

—Dale Barbour, author of Winnipeg Beach
A rare look at the extraordinary work of one of Canada’s most imaginative visual artists

Since 1970, Manitoba artist Don Proch has built an astonishing body of work evoking a semi-mythical Prairie past and an unsettled and unresolved modernity. In his complex sculptures and life-size masks, Proch combines intricate draftsmanship with natural and found materials in surprising and transformative ways. Proch grew up in the farmland of north-central Manitoba. Using the rolling hills and unique parkland vistas of the Assiniboine valley he creates a complex personal iconography based on prairie life, landscape, geology and history. The result is what art critic Robert Enright called “inexplicable as a miracle.”

Proch first came to the Canadian art world’s attention as part of a group of radical young artists in the 1970s, intent on shaking up the art establishment. His complex installations, masks, and silkscreen prints quickly established his reputation as an innovator with a unique vision. Today he is recognized as one of the most influential visual artists to come out of western Canada, and his work can be found in major public and corporate collections including Canada’s major art galleries.

Richly illustrated with more than 80 plates, the book includes rare excerpts from Proch’s notebooks that reveal his intricate working process. Surveying the course of Proch’s career, curator and art historian Patricia Bovey discusses the themes and influences behind his work and their context within the history of Canadian art.

Patricia Bovey FRSA, FCMA is former director of the Winnipeg Art Gallery (1999–2004) and the Art Gallery of Greater Victoria (1980–1999) and Adjunct Professor of Art History at the University of Winnipeg. She writes and lectures widely on Western Canadian art, and is the author of many catalogues and monographs on Canadian art. Patricia Bovey was appointed to the Senate of Canada in 2016.
Structures of Indifference
An Indigenous Life and Death in a Canadian City
Mary Jane Logan McCallum and Adele Perry

Paper • $17.95 CAD / $21.95 USD
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September 2018

Structures of Indifference examines an Indigenous life and death in a Canadian city and what it reveals about the ongoing history of colonialism. In September 2008, Brian Sinclair, a middle-aged, non-Status Anishinaabe resident of Winnipeg, arrived in the emergency room of a major downtown hospital. Over a thirty-four-hour period, he was left untreated and unattended to, and ultimately died from an easily treatable infection.

McCallum and Perry present the ways in which Sinclair, once erased and ignored, came to represent diffuse, yet singular and largely dehumanized ideas about Indigenous people, modernity, and decline in cities. This story tells us about ordinary indigeneity in the city of Winnipeg through Sinclair’s experience and restores the complex humanity denied him in his interactions with Canadian health and legal systems, both before and after his death.

Structures of Indifference completes the story left untold by the inquiry into Sinclair’s death, the 2014 report of which omitted any consideration of underlying factors, including racism and systemic discrimination.

Mary Jane Logan McCallum is a Professor of History at the University of Winnipeg. She is the author of Indigenous Women, Work, and History.

Adele Perry is a Professor of History at the University of Manitoba. She is the author of Aqueduct: Colonialism, Resources, and the Histories We Remember.

“‘You can’t really sugarcoat the colonial genealogy that killed Brian Sinclair. Structures of Indifference is a necessary book. It offers a short, direct framing of the death of Brian Sinclair as a clear instance of racism, a racism that is the basis of Canadian settler colonialism.’”
— Sherene H. Razack, UCLA, author of Dying from Improvement: Inquests and Inquiries into Indigenous Deaths in Custody

Rooster Town: The History of an Urban Metis Community, 1901–1961
Evelyn Peters, Matthew Stock, and Adrian Werner

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Melonville. Smokey Hollow. Bannock Town. Fort Tuyau. Little Chicago. Mud Flats. Pumpville. Tintown. La Coulee. These were some of the names given to Métis communities at the edges of urban areas in Manitoba. Rooster Town, which was on the outskirts of southwest Winnipeg, endured from 1901 to 1961.

Those years in Winnipeg were characterized by the twin pressures of depression and inflation, chronic housing shortages, and a spotty social support network. At the city’s edge, Rooster Town grew without city services as rural Métis arrived to participate in the urban economy and build their own houses while keeping Métis culture and community as a central part of their lives.

Rooster Town documents the story of a community rooted in kinship, culture, and historical circumstance, whose residents existed unofficially in the cracks of municipal bureaucracy while navigating the legacy of settler colonialism and the demands of modernity and urbanization.

Evelyn Peters is an urban social geographer whose research has focused on First Nations and Métis people in cities. She taught in the University of Winnipeg’s Department of Urban and Inner-City Studies.

Matthew Stock lives in Ottawa, Ontario, where he works as a civil servant. His research interests include social policy and Canadian history.

Adrian Werner is a GIS analyst whose work has included research in urban form and urban history.

“‘Rooster Town challenges the lingering mainstream belief that Indigenous people and their culture are incompatible with urban life, and it opens the door to a broader conversation about the insidious nature of racial stereotypes ubiquitous among the broader Canadian polity.’”
—Brenda Macdougall, Associate Professor and Chair in Métis Research, University of Ottawa
The small island of Igloolik has fascinated many in the Western world since 1824, when a London publisher printed the narratives by William Parry and his second-in-command, George Lyon, about their two years spent looking for the mythical Northwest Passage. Nearly a hundred and fifty years later, Bernard Saladin d’Anglure arrived in Igloolik. On his first morning there, Saladin d’Anglure met the elders Ujarak and Iqallijuq. He learned that they had been informants for Knud Rasmussen in 1922. Moreover, they had spent most of their lives in the camps and fully remembered the pre-Christian period.

Ujarak and Iqallijuq soon became Saladin d’Anglure’s friends and initiated him into the symbolism, myths, beliefs, and ancestral rules of the local Inuit. With them and their families, Saladin d’Anglure would work for thirty years gathering the oral traditions of their people. *Inuit Stories of Being and Rebirth* contains an in-depth, paragraph-by-paragraph analysis of stories on womb memories, birth, namesaking, and reincarnation.

Bernard Saladin d’Anglure first began his work among the Canadian Inuit in the 1950s, when he was a young student from France. He later became a professor of Anthropology at the University of Laval, where he taught until his retirement.

“The real strength of the book are the dialogues between d’Anglure, Iqallijuq, and Ujarak that provide insights into many of the stories provided by Kupaaq … providing one of the first Inuit commentaries on their own texts.”

—Chris Trott, *Études/Inuit/Studies*

Several centuries ago, the five nations that would become the Haudenosaunee—Mohawk, Oneida, Onondaga, Cayuga, and Seneca—were locked in generations-long cycles of bloodshed. When they established *Kayanerenkó:wa*, the Great Law of Peace, they not only resolved intractable conflicts, but also shaped a system of law and government that would maintain peace for generations to come.

Although *Kayanerenkó:wa* has been studied by anthropologists, linguists, and historians, it has not been the subject of legal scholarship. There are few texts to which judges, lawyers, researchers, or academics may refer for any understanding of specific Indigenous legal systems. Following the United Nations Declaration on the Rights of Indigenous Peoples and a growing emphasis on reconciliation, Indigenous legal systems are increasingly relevant to the evolution of law and society.

In *Kayanerenkó:wa: The Great Law of Peace* Kayanesenh Paul Williams, counsel to Indigenous nations for forty years, with a law practice based in the Grand River Territory of the Six Nations, brings the sum of his experience and expertise to this analysis of *Kayanerenkó:wa* as a living, principled legal system. In doing so, he puts a powerful tool in the hands of Indigenous and settler communities.

*Kayanesenh Paul Williams* has been involved in protecting and explaining Haudenosaunee, Anishinaabe, and Wabanaki land, environmental, and cultural rights for forty years as a negotiator, lawyer, and historian.

“This expansive book illustrates the living nature of Haudenosaunee law. Everyone interested in law’s relationship to violence and peace should read it. Haudenosaunee law has the power to change the world.”

—John Borrows, Canada Research Chair in Indigenous Law, Faculty of Law, University of Victoria
By merging works of contemporary North American Indigenous literature with imaginative illustrations by U.S. and Canadian artists, Sovereign Traces: Not (Just) (An)Other provides a unique opportunity for audiences to engage with works by prominent authors such as Stephen Graham Jones, Gordon Henry Jr., Gerald Vizenor, Warren Cariou, Niigaanwewidam James Sinclair, Louise Erdrich, Joy Harjo, Richard Van Camp, and Gwen Westerman.

Through the exciting medium of the graphic novel, Sovereign Traces beckons to both new and experienced audiences of Indigenous writing, opening up possibilities for reimagined readings along the way.

Gordon Henry Jr. is an Anishinaabe poet and novelist and is an enrolled member of the White Earth Chippewa Tribe of Minnesota. His poetry has been published in several anthologies, and his novel The Light People won the American Book Award in 1995.

Elizabeth LaPensée is an award-winning designer, writer, artist, and researcher. She is Anishinaabe from Baawaating, with relations at Bay Mills Indian Community, and Métis. She is an Assistant Professor of Media and Information and Writing, Rhetoric, and American Cultures at Michigan State University.

Writers

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The first book of its kind, Self-Determined Stories: The Indigenous Reinvention of Young Adult Literature reads Indigenous-authored YA—from school stories to speculative fiction—not only as a vital challenge to stereotypes, but also as a rich intellectual resource for theorizing Indigenous sovereignty in the contemporary era.

Building on scholarship from Indigenous studies, children's literature, and cultural studies, Suhr-Sytsma contends, these works constitute a unique Indigenous YA genre. This genre radically revises typical YA conventions while offering a portrayal of Indigenous self-determination and a fresh critique of multiculturalism, heteropatriarchy, and hybridity. This literature, moreover, imagines compelling alternative ways to navigate cultural dynamism, intersectionality, and alliance-formation.

Self-Determined Stories invites readers from a range of contexts to engage with Indigenous YA and convincingly demonstrates the centrality of Indigenous stories, Indigenous knowledge, and Indigenous people to the flourishing of everyone in every place.

Mandy Suhr-Sytsma teaches in the Department of English and directs the Emory Writing Center at Emory University in Atlanta.
Canada and the United States share a border that spans several of the world’s major watersheds and encompasses the largest reserves of fresh water on the planet. The border that separates these two neighbours is political, but the natural environment is both shared and a matter of common concern.

The contributors to this volume examine the state of the existing transboundary relationship between Canada and the United States, including the governance structures and processes, the environmental impacts and adequacy of these structures and processes, and the opportunities and obstacles that exist for reform and improved outcomes.

**Stephen Brooks** is Professor of Political Science at the University of Windsor and also teaches at the Institut d’études politiques de Lille. He is the author of *Canadian Democracy*, 8th edition, and *Anti-Americanism and the Limits of Public Diplomacy*.

**Andrea Olive** is an Associate Professor of Political Science and Geography at the University of Toronto. She is the author of *Land, Stewardship, and Legitimacy and The Canadian Environment in Political Context*.

**Contributors**


“This excellent volume is the most comprehensive assessment to date of transboundary environmental and resource governance along and across the U.S.-Canadian border.”

—Stacy D. VanDeveer, Professor, Department of Conflict Resolution, Human Security, and Global Governance, University of Massachusetts, Boston
If one seeks to understand Haudenosaunee (Six Nations) history, one must consider the history of Haudenosaunee land. For countless generations prior to European contact, land and territory informed Haudenosaunee thought and philosophy, and was a primary determinant of Haudenosaunee identity.

In *The Clay We Are Made Of*, Susan M. Hill presents a revolutionary retelling of the history of the Grand River Haudenosaunee from their Creation Story through European contact to contemporary land claims negotiations. She incorporates Indigenous theory, Fourth World post-colonialism, and Amerindian autohistory, along with Haudenosaunee languages, oral records, and wampum strings to provide the most comprehensive account of the Haudenosaunee's history and relationship to their land.

Susan M. Hill is a Haudenosaunee citizen (Wolf Clan, Mohawk Nation) and resident of Ohswe:ken (Grand River Territory). She is an associate professor in the Department of History and Director of the Centre for Indigenous Studies at the University of Toronto.

"The Clay We Are Made Of maps out the story of the Grand River’s people in a fresh and compelling narrative that overturns many previously held assumptions about the extent of Haudenosaunee agency vis-à-vis the Canadian settler state."

—Jon Parmenter, Department of History, Cornell University


NOMINEE, The Sir John A. Macdonald Prize, Canadian Historical Association (CHA) (2018)

WINNER, Aboriginal History Group Book Prize, CHA (2018)

WINNER, Ontario Clio Prize, CHA (2018)
First Voices, First Texts aims to reconnect contemporary readers with some of the most important Indigenous literature of the past, much of which has been unavailable for decades. This series reveals the richness of these works by providing newly re-edited texts that are presented with particular sensitivity towards Indigenous ethics, traditions, and contemporary realities.

“From the Tundra to the Trenches is a bold tale of adventure and resilience in a time of change. Journeying from James Bay mission school to the Korean War, Weetaltuk was a survivor, a trailblazer, and above all, a master storyteller.”

—Keavy Martin, Associate Professor, Department of English and Film Studies, University of Alberta
#5 Report of an Inquiry into an Injustice
Begade Shutagot’ine and the Sahtu Treaty
Peter Kulchyski

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A Report of an Inquiry into an Injustice chronicles Peter Kulchyski’s experiences with the Begade Shutagot’ine, a small community of a few hundred people living in and around Tulita (formerly Fort Norman), on the Mackenzie River in the heart of Canada’s Northwest Territories.

Structured as a series of briefs to an inquiry into the Begade Shutagot’ine’s claim, this work documents the negotiation and implementation of the Sahtu treaty and amasses evidence of historical and continued presence and land use to make eminently clear that the Begade Shutagot’ine are the continued owners of the land by law. Kulchyski bears eloquent witness to the Begade Shuhtagot’ine people’s two-decade struggle for land rights, which have been blatantly ignored by federal and territorial authorities for too long.

Peter Kulchyski grew up in northern Manitoba and teaches Native Studies at the University of Manitoba. He is the author of Like the Sound of a Drum: Aboriginal Cultural Politics in Denendeh and Nunavut.

"Report of an Inquiry into an Injustice is engaging, warm, passionate, and an important critique of the land claims process in northern Canada. Kulchyski deftly weaves an academic, personal, and often poetic narrative in the way only a seasoned, confident scholar can."
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Adara Goldberg's Holocaust Survivors in Canada highlights the immigration, resettlement, and integration experience from the perspective of Holocaust survivors and those charged with helping them. The book explores the relationships between the survivors, Jewish social service organizations, and local Jewish communities; it considers how those relationships—strained by disparities in experience, language, culture, and worldview—both facilitated and impeded the ability of survivors to adapt to a new country.

Researched in basement archives and at Holocaust survivors’ kitchen tables, Holocaust Survivors in Canada represents the first comprehensive analysis of the resettlement, integration, and acculturation experience of survivors in early postwar Canada. Goldberg reveals the challenges in responding to, and recovering from, genocide—not through the lens of lawmakers, but from the perspective of “new Canadians” themselves.

Adara Goldberg received her PhD from the Strassler Center for Holocaust and Genocide Studies, Clark University. She is a Post-Doctoral Fellow in Holocaust and Genocide Studies at Stockton University.

“Comprehensive and compelling, Goldberg’s work is written with an impressive subtlety and depth of understanding for both the immigrants and their Canadian receivers.”
— Gerald Tulchinsky (1933–2017) Professor Emeritus, Queen’s University, author of Canada’s Jews: A People’s Journey

Winner, 2016 Western Canada Jewish Book Awards, Marsid Foundation Prize
Snacks is a history of Canadian snack foods, the independent producers and workers who make them, and the consumers who can’t put them down.

Janis Thiessen profiles several iconic Canadian snack food companies, including Old Dutch Potato Chips, Hawkins Cheezies, and chocolatier Ganong. These companies have developed in distinctive ways, reflecting the unique stories of their founders and their intense connection to specific places.

Snacks’s stories of salty or sweet confections reveal a history that is at odds with popular notions of “junk food.” Through extensive oral history and archival research, Thiessen uncovers the roots of our deep loyalties to different snack foods, what it means to be an independent snack food producer, and the often-quirky ways snacks have been created and marketed.

Clearly written, extensively illustrated, and lavish with detail about some of Canadians’ favourite snacks, this is a lively and entertaining look at food and labour history.

Janis Thiessen is an associate professor of History and Associate Director of the Oral History Centre at the University of Winnipeg. Her favourite snack food is dill pickle potato chips.

“Thiessen’s book is a lively and revelatory work of food history. It’s also an antidote to much of the moralistic writing on these so-called ‘junk foods’ that have, until now, focused mostly on the health risks associated with snacks like chips, cheezies, chocolates, and candies. Instead, Thiessen provides a compelling and unique study of not just snack food consumers, but also the farmers, factory workers, and business owners responsible for producing some of Canada’s most popular guilty pleasures.”

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